

LISBON | PORTUGAL

19 - 24 JULY



SACRED
YUNION
RETREAT

COUPLES COACHING • MEDICINE CEREMONIES
SHADOW WORK • CONSCIOUS TOUCH • CONNECTION
RITUALS • SHARING • INTEGRATION

6 DAYS
6 COUPLES
6 FACILITATORS
1 COMMON MISSION



LEARNING HOW TO RISE TOGETHER IN SACRED UNION.

Embark on this deep transformational journey with yourself, in union with your partner and as a collective among other couples. Grow into the new chapter of your relationship, assisted by coaching tools, workshops, plant medicines and sacred rituals of conscious connection and sensuality in a safe space with experienced facilitators and spaceholders.

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THE YUNITY MANSION

Our beautiful retreat space has everything to feel at home, while its spaciousness brings a sense of luxury, where you can integrate your experiences with your partner.



THE
YUNITY
MANSION



GROUP SPACE
PRIVATE ROOMS
SOURCE-WATER POOL
BIRDS + NATURE
GARDENS
FIREPLACE
COMMUNITY

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THE FACILITATORS

LEA XIBOA



MARIE ALMA



JOÃO CORLEO



NATURRITU



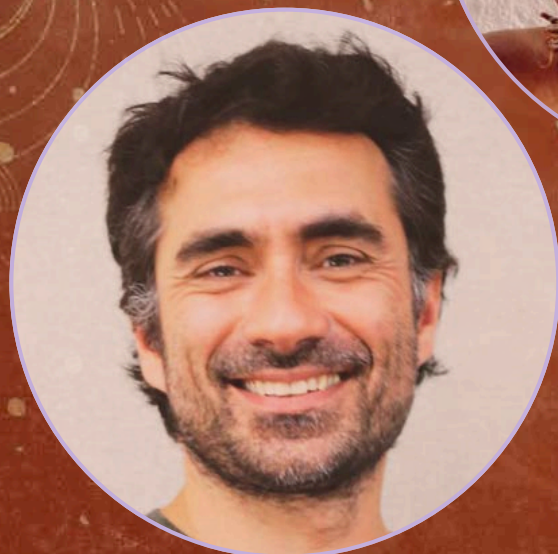
JOANNA
LEWINS



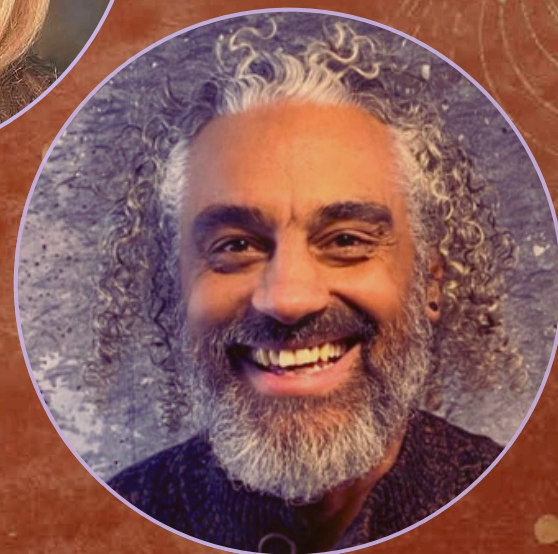
JÔ DE
PERESTRELLO



KIU COATES



RICARDO



DAILY MEALS BY A PRIVATE CHEF



Wild Delicacies
WILD EARTH FOOD FOR BODY MIND & SPIRIT



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17.-24. JULY

PROGRAM. DAY 1-3

FRIDAY 19.07.

- WELCOME CIRCLE BY THE POOL | 11AM
- 4 SENSES LUNCH
- COUPLES COACHING WORKSHOP
- MEN CIRCLE & WOMEN CIRCLE

SATURDAY 20.07.

- CHI FLOW & NATURE WALK
- PLANT MEDICINE DAY CEREMONY
- INTEGRATION SHARING CIRCLE

SUNDAY 21.07.

- WATER CLEANSE & VOICE ACTIVATION
- INTEGRATION TIME BY THE POOL
- FULL MOON CACAO CEREMONY
- KUNDALINI ACTIVATION
- THE ART OF CONSCIOUS TOUCH

17.-24. JULY

PROGRAM. DAY 3-6

MONDAY 22.07.

- CHI FLOW
- BREATH ALCHEMY
- APHRODITA EVENING CEREMONY

TUESDAY 23.07.

- GROUP SHARING CIRCLE
- CREATIVE LOVE ATELIER
(painting, poetry, clay & play)
- OPTIONAL 1:1 COUPLES COACHING SESSIONS
- THE ART OF HOLDING SPACE

WEDNESDAY 24.07.

- EMBODIED DANCE
- COUPLES PHOTO SHOOTING
- JOURNALING & CLOSING CIRCLE
- LOVE SHOWER & DEPARTURE | 4PM



HOST + RETREAT GUIDANCE

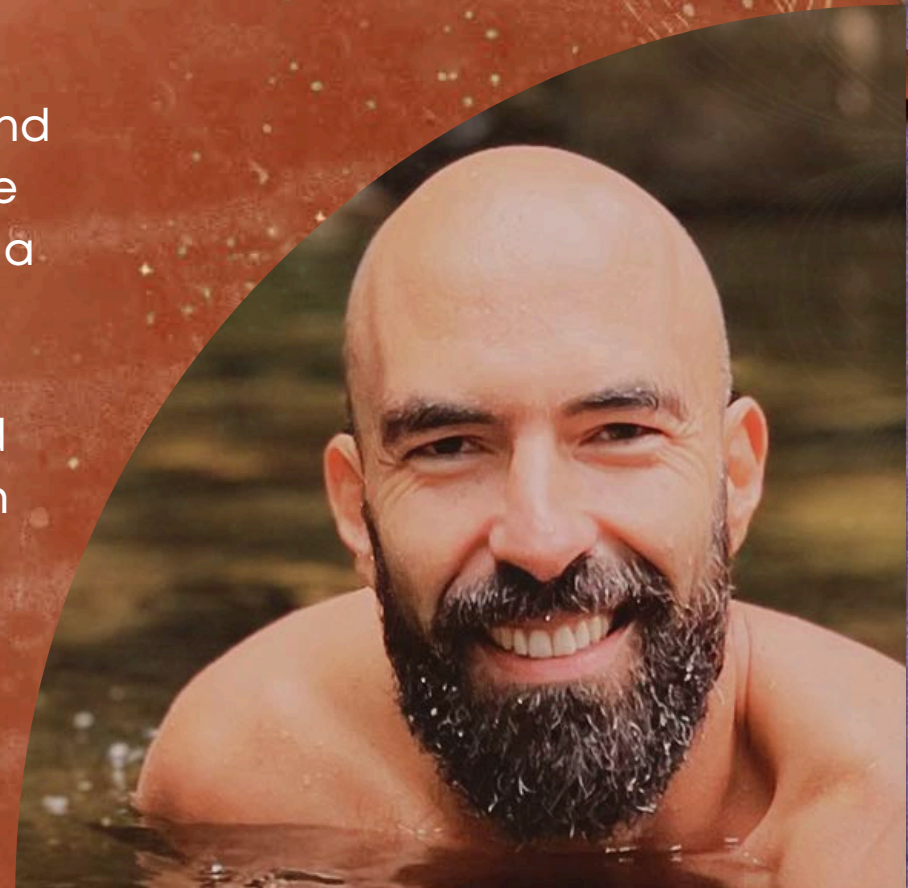
Lea Xiboa

LEA is a psycho-somatic therapist, practicing Zen Shiatsu, Neo Emotional Release, Breathwork and Chi-Flow, and dedicated to a holistic approach of healing since 8 years. Lea finds her passion in empowering others, by transmitting the importance of being in a healthy relationship with our emotions, our body, our soul's purpose - and how everything is connected.

HOST + SPACE HOLDING

João Corleo

Jõao is a multipreneur, father of 3 kids, and fully committed to the healing path of the heart and the soul. He's been co-leading a men-circle since 3 years, seeking the wisdom of the medicine of the Master Plants, and growing a community around healing and self-discovery. Together with his partner Lea, they are excited to share all their learnings with other couples.





BREATHWORK + GUIDANCE

with Marie Alma

Marie creates uniquely curated spaces in a strong field of loving presence, sharing what has served her in the past years of healing and being of service as a certified Breathwork & Sound Facilitator, Ceremonialist, musician and singer. She brings an energy that allows participants to journey safely into the depths of their own hearts.

CEREMONIAL SOUND ALCHEMY

with Naturritu

Naturritu is a multidisciplinary artist and instrumentalist, music producer, DJ and graphic designer. He finds passion in creating symphonic pathways to the innate memory of unity which is spoken by the language of the heart: LOVE. With the focus on sound-healing-frequencies, ancient knowledge and past-life memories can be awakened.





EMBODIED DANCE

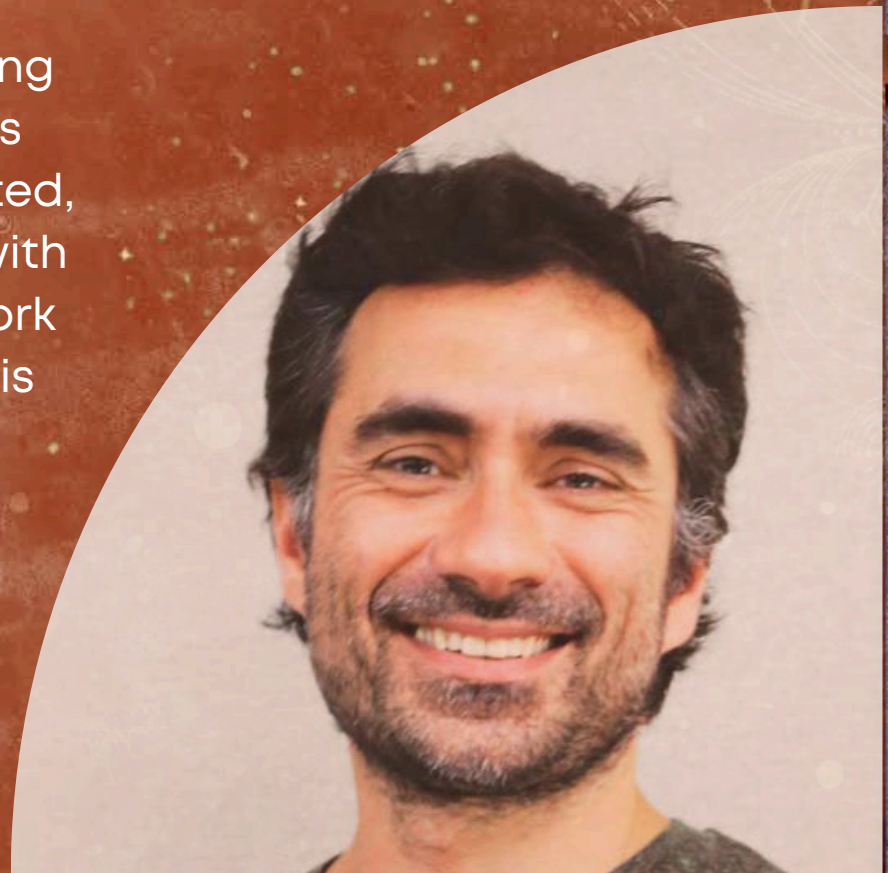
with Joanna Lewins

Joanna's art is to pair movement and music as a powerful way to transform and liberate yourself, awakening your child-like wonder within. Allowing the music to move your body, without thought. Sets are curated to journey deep through tribal waves, orchestral strings and pumping beats to truly feel and arrive home in your body.

COUPLE COACHING

with Kiu Coates

For the last 11 years, Kiu has been supporting people transform communication patterns that hold them back from a more connected, harmonious and supportive relationship with themselves and others. His therapeutic work with couples and individuals is rooted in his practice of Compassionate Inquiry, Nonviolent Communication, Somatic Awareness, Internal Family Systems, and Attachment Theory.





KUNDALINI ACTIVATION

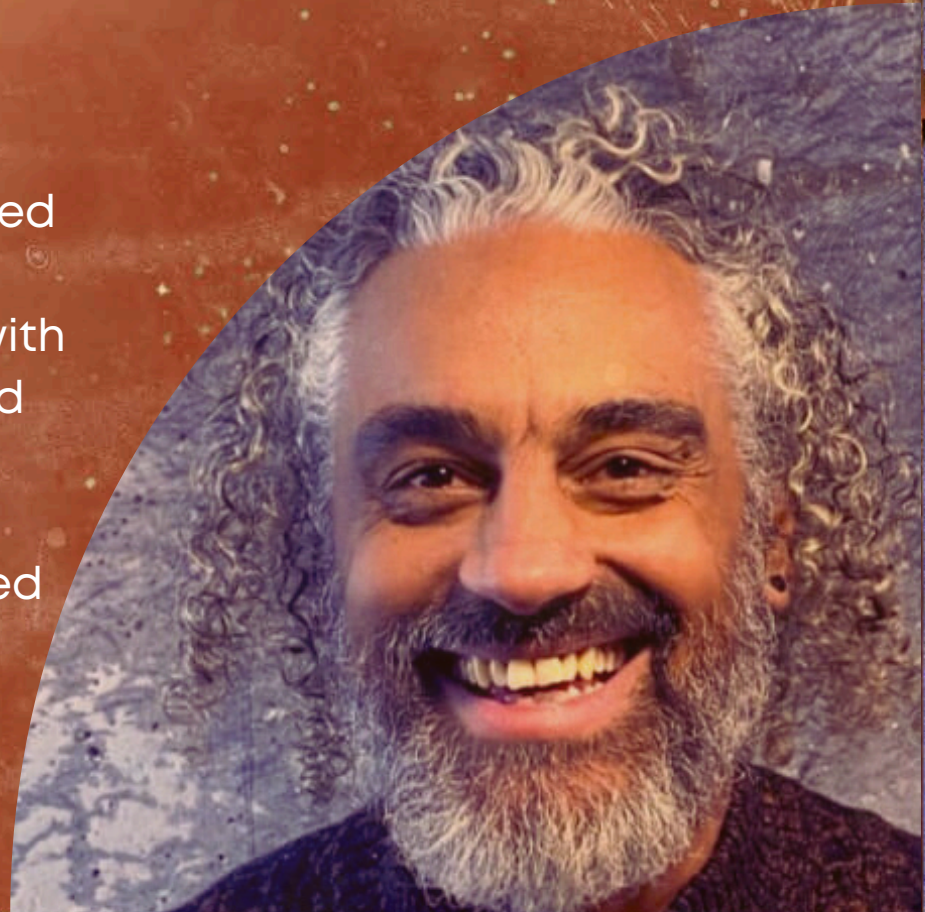
with Jô do Perestrello

Jô opens and sustains a sacred & safe space for you to reclaim your own power, your own truth, sourced from your vital energy, plugged into the cosmos. In Jô's session, you are offered the gift of re-awakening your Kundalini - - the Sacred Fire within you that materializes the path of your soul. Jô's mission is to help you reconnect with the Love you already are.

MEDICINE JOURNEY

with Ricardo & Lau

Ricardo & Lau will guide you into a transformational space where you're invited to actively surrender, to gain a different perspective, to better align your actions with your needs — to get clarity for your life and your partnership. Immerse yourself in the embrace of ancient wisdom enhanced by the powerful healing energies of the Sacred Medicine of psychedelic mushrooms.



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PRICES PER COUPLE

- | | |
|--|---------|
| A) CLASSIC ROOM WITH DOUBLE BED
1,40 BED, TERRACE ACCESS, SHARED BATHROOM, 1X | 2.222 € |
| B) PRIME ROOM WITH DOUBLE BED
1,40 BED, SHARED ENSUITE BATHROOM, 1X | 2.500 € |
| C) LUX ROOM WITH DOUBLE BED
1,40 BED, PRIVATE ENSUITE BATHROOM, 2X | 3.000 € |
| D) MASTER SUITE WITH KING SIZE BED
2,00 BED, BATH TUB AND FIRE PLACE, 1X | 4.000 € |

BOOKINGS +49 157 85 909 223 (LEA)

WHATSAPP / TELEGRAM